


Mini-Mental State Exam			
Orientation:	Maximum Score	Score	Instructions
What is the (year) (season) (date) (day) (month)?	5	_____	Ask for the date. Then proceed to ask other parts of the question. One point for each correct segment of the question.
Where are we: (state) (county) (town) (hospital) (floor)?	5	_____	Ask for the facility then proceed to parts of the question. One point for each correct segment of the question.
Registration:			
Name three objects (bed, apple, shoe). Ask the patient to repeat them.	3	_____	Name the objects slowly, one second for each. Ask him to repeat. Score by the number he is able to recall. Take time here for him to learn the series of objects, up to 6 trials, to use later for the memory test.
Attention and Calculation:			
Count backwards by 7s. Start with 100. Stop after 5 calculations.	5	_____	Score the total number correct. (93, 86, 79, 72, 65)
Alternate question:			
Spell the word "world" backwards.	5	_____	Score the number of letters in correct order. (dlrow = 5. dlrow = 3)
Recall:			
Ask for the three objects used in question 2 to be repeated.	3	_____	Score one point for each correct answer. (bed, apple, shoe)
Language:			
1. Naming: Name this object. (watch, pencil)	2	_____	Hold the object. Ask patient to name it. Score one point for each correct answer.
2. Repetition: Repeat the following—"No ifs, ands or buts."	1	_____	Allow one trial only. Score one point for correct answer.
3. Follow a 3-stage command: "Take the paper in your right hand, fold it in half, and put it on the floor."	3	_____	Use a blank sheet of paper. Score one point for each part correctly executed.
4. Reading: Read and obey the following: Close your eyes.	1	_____	Instruction should be printed on a page. Allow patient to read it. Score by a correct response.
5. Writing: Write a sentence.	1	_____	Provide paper and pencil. Allow patient to write any sentence. It must contain a noun, verb, and be sensible.
6. Copying: Copy this design. 	1	_____	All 10 angles must be present. Figures must intersect. Tremor and rotation are ignored.
Total Score		_____	(Max. 30) Test is not timed.

Figure 6-1. (Reprinted with permission from Folstein MF, Folstein SE, McHugh PR. Mini mental state. A practical method for grading the cognitive state of patients for the clinician. *J Psychiatr Res.* 1975; 12:189-198.)

Normal: 25-30; Mild cognitive impairment: 21-24; Mod: 16-20; Severe <16. Depression <19.